

SA SELECTORIZED SERIES

SA023 - 4 STACK MULTI-STATION



PRODUCT OVERVIEW

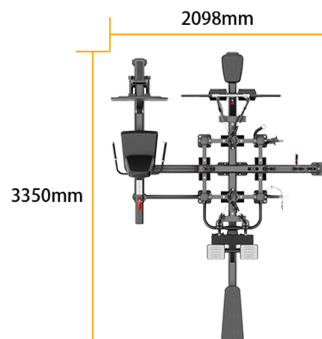
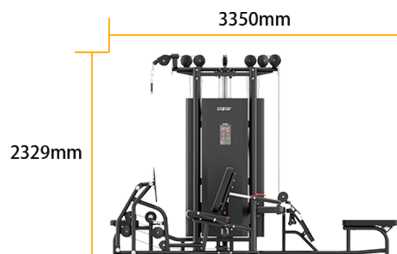
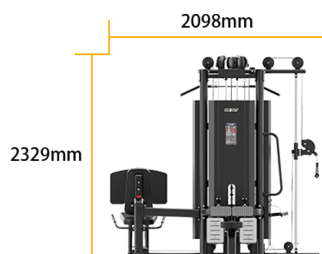
The SA023 is a four-station selectorized training unit, integrating four key modules: Low Row, Lat Pulldown, Single Arm Cable, and Seated Leg Press. With a solid structure and outstanding integration of training functions, the SA023 maximizes space efficiency and supports multiple users training simultaneously, making it an ideal high-performance solution for modern commercial fitness facilities.

Each module is ergonomically engineered and equipped with a high-smoothness pulley system and precision adjustment mechanisms to ensure smooth motion and accurate muscle activation. All stations support multi-level adjustments and are compatible with various handles and attachments, covering comprehensive training needs—from back width and thickness development to chest, shoulders, core, and lower body training. Designed to accommodate different body types and fitness levels, the SA023 offers versatile training paths and excellent adaptability, delivering a safer, more effective, and comfortable training experience.

SPECIFICATIONS & KEY FEATURES

Specifications

Dimension:	3350*2098*2329mm
Total Weight:	775kg
Weight Stack:	100kg*4
Max Weight Stack:	125kg*4



Product Features



Low Row Module

This selectorized module is designed to build back muscle thickness with precision and control. The high-smoothness pulley system enhances movement stability and accuracy, ensuring each row repetition effectively activates the targeted muscle groups. The independent handle design helps eliminate strength imbalances between sides, promoting symmetrical back development. Handle and pulley heights are engineered based on U.S. ANSUR data and China's GB/T 10000-2020 anthropometric standards, ensuring suitability for a wide range of body proportions. Un traditional footplates, the horizontal foot bar offers greater ankle mobility, accommodating users with varying dorsiflexion ranges. The extra-long seat travel allows for a full range of motion, maintaining continuous muscle engagement throughout the exercise.



Lat Pulldown Module

Specialized for developing upper-back width, this module features a high-smoothness pulley system to ensure fluid and controlled movement, enabling precise and efficient targeting of back muscles. The high-mounted pulley provides a full pull range, maximizing fiber extension and contraction. In addition to a wide-grip bar, the split-pulley system allows integration of the low-row independent handles for unilateral pulldown movements, enhancing training variety and muscle activation precision. A 10-position extra-wide thigh pad system adjusts to various leg sizes and heights, providing solid body stabilization during workouts. The seat height is carefully calculated for natural positioning and smooth power output, greatly enhancing comfort and effectiveness.



Single Arm Cable Module

A versatile upper-body training station with 32 levels of height adjustment. The high-smoothness pulley system, reinforced guide rails, and premium construction offer excellent control and smooth operation throughout use. Compatible with a wide range of handles, this module supports targeted training of the pectoralis major, biceps, triceps, deltoids, latissimus dorsi, and core muscles. It allows both unilateral and bilateral movement options to meet diverse training goals. The ergonomically designed handles and linear pulley motion ensure consistent movement flow and efficient force transmission.



Seated Leg Press Module

Engineered for comprehensive lower-body development, this selectorized module integrates high-precision linear guide rods and a smooth pulley system to deliver stable, fluid motion. The ultra-wide, anti-slip footplate supports multiple foot positions—from narrow to wide, low to high—activating the quadriceps, glutes, hamstrings, and adductors according to different training focuses. Whether the goal is muscle definition or size gain, this module adapts with ease. The ergonomically angled seat offers 10 levels of adjustment to accommodate various user heights and leg lengths, helping each user find the ideal pushing position for maximum safety and performance.